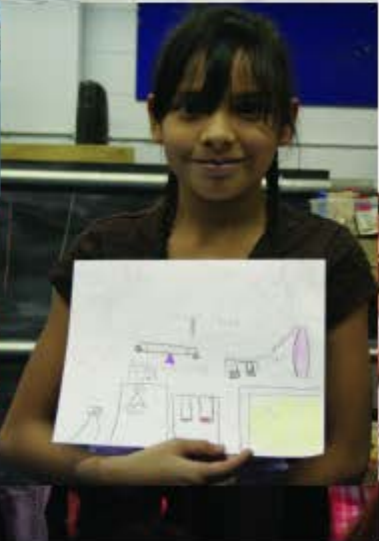




THE MARIPOSA HEALTHY LIVING INITIATIVE





community

maintaining businesses history Culture
 Better neighborhood Neighbors
 feel space
 affordable poor Diversity
 opportunities residents market need seniors
 connections



Mariposa Health Statistics

38% have been diagnosed with diabetes

39% have been diagnosed with asthma

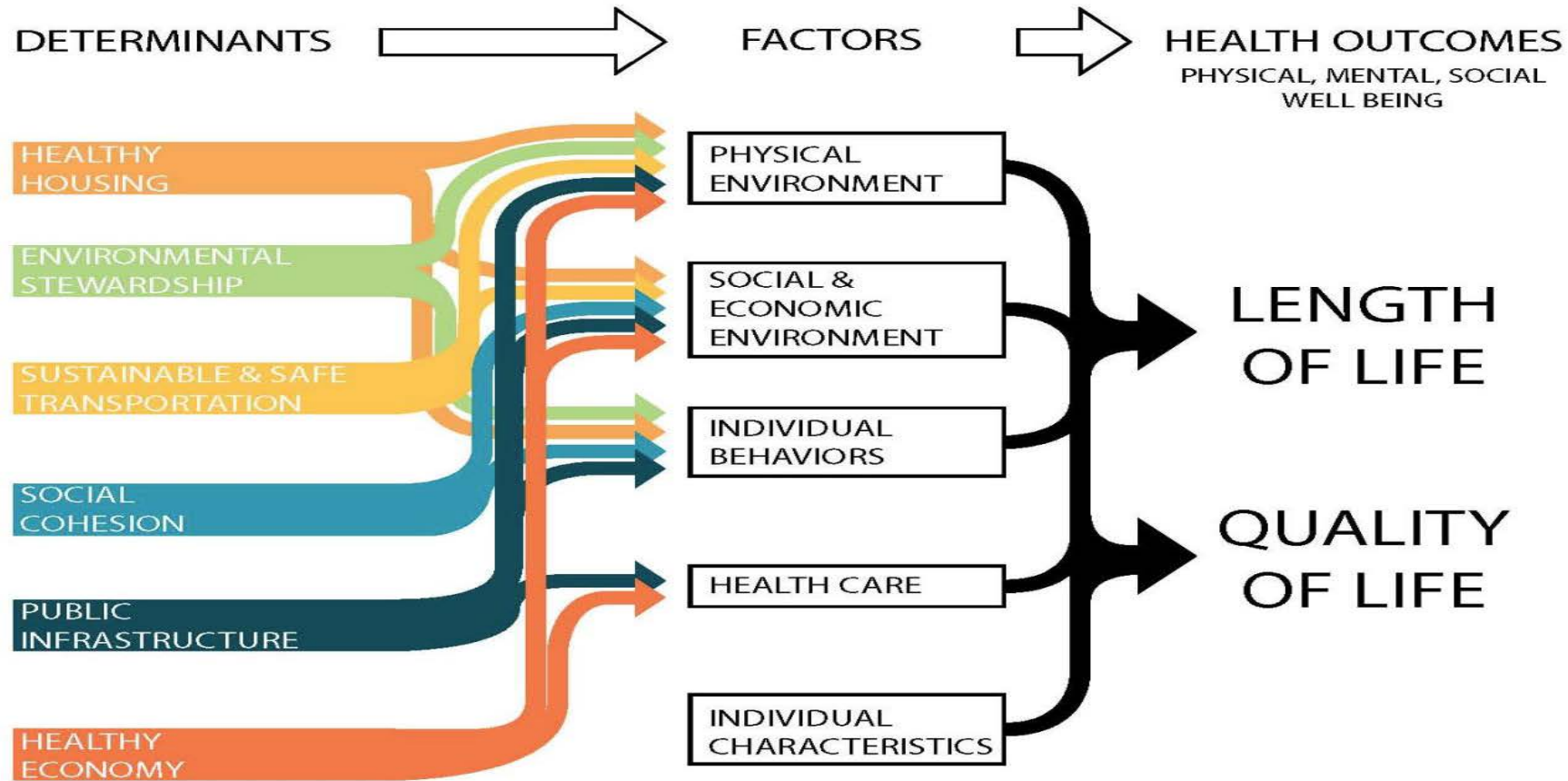
64% have high blood pressure



Using data to analyze, track trends and report:



THE MARIPOSA HEALTHY LIVING INITIATIVE





MARIPOSA DISTRICT



Master Plan Emphasis on Healthy Development

Buildings and exterior spaces are designed with **active living guidelines**

- Central Stairwells
- Natural Day Lighting,
- Bike Parking in units and in secured areas,
- Bike repair stations for residents,
- B-Cycle stations,
- Play Areas for kids and adults,
- Parks and Trail Connections



Healthy Living Programming

Nutrition

Cooking Matters
Kitchen Cue
Fresh Takes to take SNAP benefits



Fitness

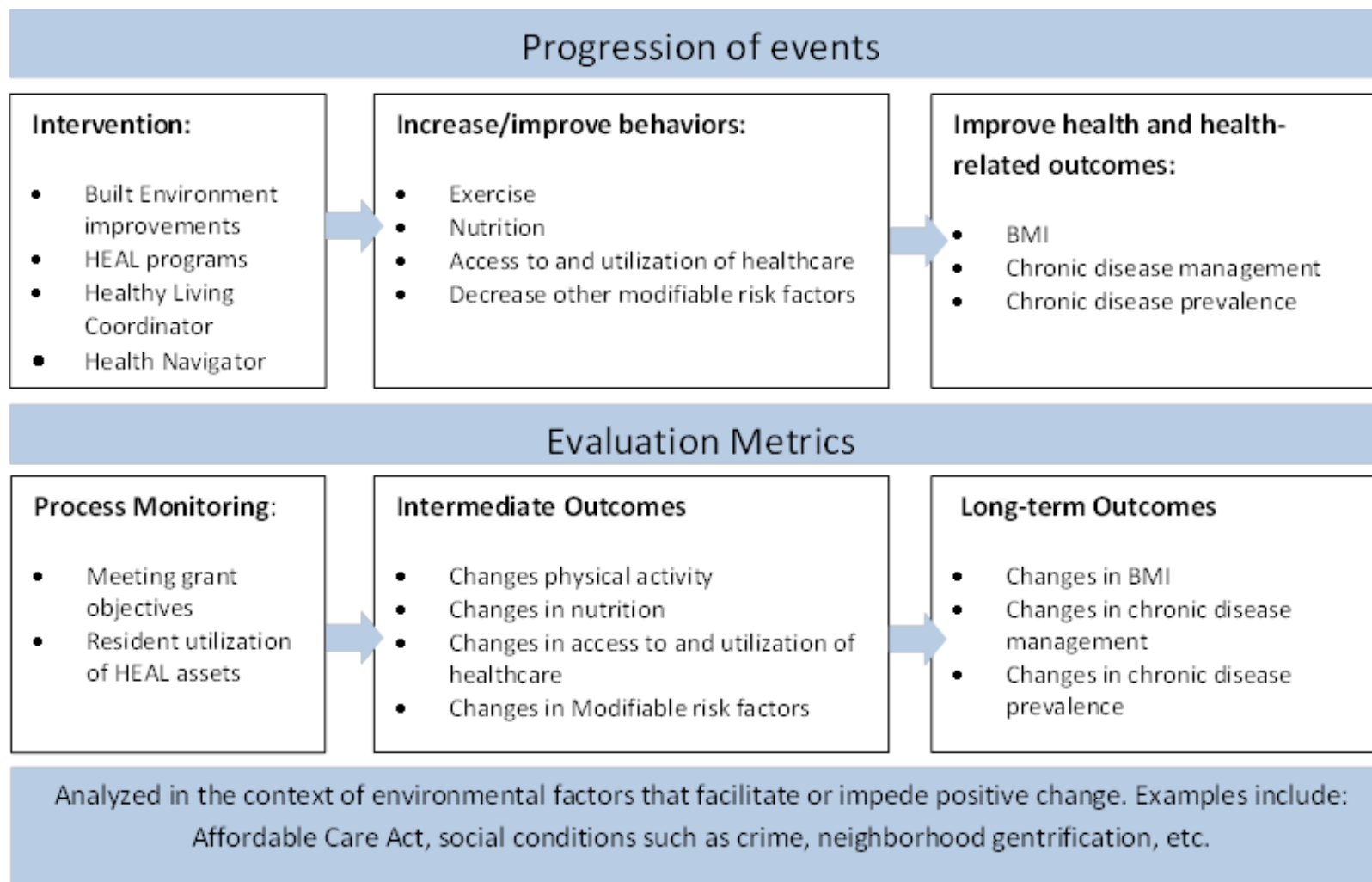
Yoga for the People
Walking Club
Sit and Be Fit
Zumba

Wellness

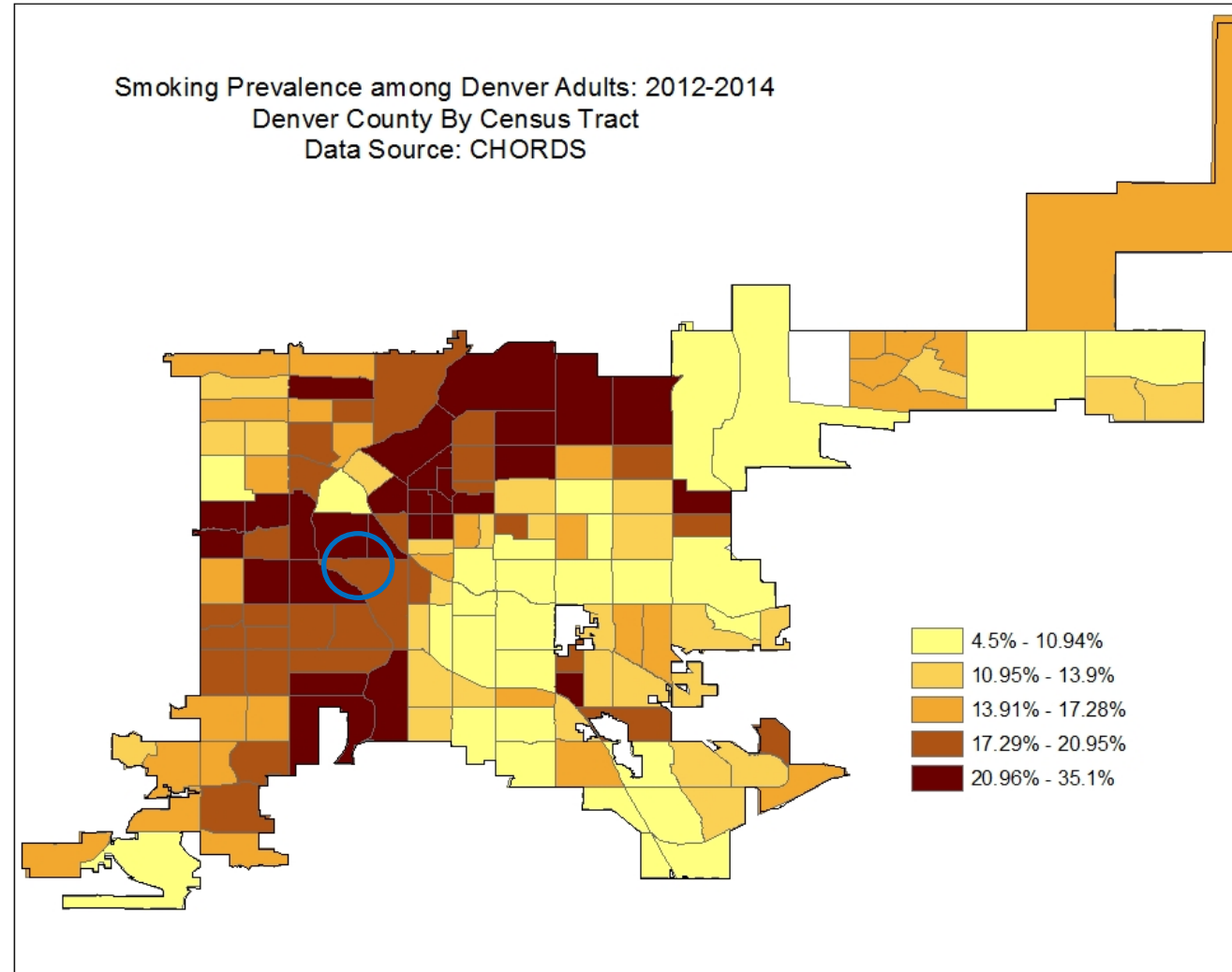
Flu Shots
Medicare Info Sessions
Family Dinner Night



Evaluation Design



Regionally Aggregated Clinical (Outpatient) Data



Colorado Hospital Data



Number of Emergency Department Visits per 1,000 Residents: Census Tract 19.01, All Ages, 2011-2014

