Men With Vision Association (MWVA) mental health program will focus on coping strategies for training student-athletes, non-student athletes, parents, athletic trainers, and coaches to recognize the signs of mental distress to include the burdens of COVID-19 isolation and quarantine protocols within the Washington DC and Alabama regions. This will also include specialized training for school officials to respond to mental health crises.

**MISSION**

MWVA’s mission is to empower youth and family by providing education, community outreach, tutoring, mentoring, and inspiration to at-risk youth. This will create a positive environment for character development, innovative thinking and entrepreneurship.

**VISION**

MWVA’s vision is to enable our youth and underserved families to achieve moral maturity. Moral maturity will result in better decision making, career opportunities, community engagement, cease criminal activity and aid in creating community leaders.

**PROJECT SUMMARY**

Men With Vision Association (MWVA), mental health program will focus on coping strategies for training student-athletes, non-student athletes, parents, athletic trainers, and coaches to recognize the signs of mental distress to include the burdens of COVID-19 isolation and quarantine protocols within the Washington DC and Alabama regions. This will also include specialized training for school officials to respond to mental health crises.