



☎ 469-496-4937

✉ [doulabirthblessings@yahoo.com](mailto:doulabirthblessings@yahoo.com)

### SOUTHERN ALLIANCE 2.0 PROJECT GOAL

Develop and/or disseminate COVID19 education information relevant to priority population and doulas. Train doulas on most recent and accurate information relevant to COVID19 awareness. Distribute health information in community about COVID19 and birthing people, pregnancy, and post-partum. Distribute COVID-19 supplies and health hygiene products.

### SOCIAL MEDIA HANDLES

# HELPING HANDS RESOURCE GROUP

## MISSION

Helping Hands Resource Group, Inc. is committed to serving the needs of families in our community. By providing resources & information, we are helping to build the bridge to more opportunity. Empowering our community ONE family at a time.

## VISION

Serving the needs of families in our community

## PROJECT SUMMARY

Develop a comprehensive program with doula-educators (100 total) to build capacity in perinatal health education, labor and birth support for African American/Non-Hispanic Black communities in Tarrant County, TX and Fulton County, GA impacted by COVID-19. Increase patient awareness around COVID-19 health education related to, but not limited to testing education and access, vaccinations and health literacy related to childbirth and birth support. Promote the messaging around evidence-based information and learning regarding the impact COVID-19 has on vulnerable communities, primarily in Tarrant and Fulton Counties. Creating the unique opportunity to facilitate a community-centered doula program with an integrated plan to present doulas as community educators and birth support professionals.